

Local Therapist Self-Reported Database

Full Name	Degree	State(s) Licensed and License Number	Address	Phone Number	Email Address for Student Communication	Website/Link to Professional Profile	Areas of Specialty/Treatments of Choice	Modalities	Do You Accept Insurance?	If Yes, Which Insurance Plans Do You Accept?	Do You Offer A Sliding Scale	If Yes, What is the Range of Your Sliding Scale?	Is there anything else you would like students to know about you/your practice?
Burgio, Maria R.	PhD	NY 10696	73 Mansion Street, Poughkeepsie, NY 12601	310.849.9931	drmburgio@hotmail.com		Depression (severe requiring medication), Anxiety (OCD, Panic, GAD), Eating Disorder, Personality Disorders, Neurologically-based disorders, e.g. ADHD), relationship problems	Individual Therapy, Couples Therapy, Neuropsychological Testing, Personality Testing	No	out-of-network benefits only	Yes	\$175-250	Therapy modalities include: Cognitive-Behavioral Therapy, Psychodynamic Psychotherapy, Behavior Therapy, Interpersonal Psychotherapy
Caprioli, Sarah	LMHC	NY 000575	2 LaGrange Ave Suite 220, Poughkeepsie NY 12603	845-418-3670	sarah.lmhq@gmail.com		Trauma, including interpersonal violence and traumatic loss. Modalities: CBT, EMDR, somatic, within a humanistic and existential framework	Individual Therapy	Yes	Blue Cross Blue Shield, OVS reimbursement	No	n/a	
Carroll-Clarke, Elizabeth	LCSW	NY 074537	39 Collegeview Avenue Poughkeepsie, NY 12603	914-489-7632	Demig1911@gmail.com	https://www.psychologytoday.com/us/therapists/eliza-beth-carroll-clarke-poughkeepsie-ny/232301	Trauma/Anxiety, Depression	Individual Therapy, Couples Therapy, Family therapy	No	None	Yes	Payment determined at initial session	
Fost, Richard J.	PhD	NY 012365	12 Davis Avenue, Suite 2N, Poughkeepsie, NY 12603	845-452-4949	I communicate with patients via telephone and in-person only.	www.healthgrades.com	Anxiety, Depression, Relationship/Loss/Grief Reactions	Individual Therapy	Yes	BC/BS, MVP, Medicare/Medicaid, Yes Beacon, NYSHIP, Federal Employees, 1199 SEIU, United Healthcare (incl. ECHO & United Behavioral), et al	Yes	\$60 - \$150, based upon annual income	Walking distance from Vassar College Campus (2 blocks north, on Davis Avenue)
Fucheck, Emily L.	PsyD	NY 016883-1	39 Collegeview Avenue, Poughkeepsie, NY 12603	845-380-0023	efucheck@msn.com	emilyfucheck.com	trauma, body image, relationship to food and disordered eating, chronic health conditions, mood, sexual and gender identity, relationships	Individual Therapy, Couples Therapy	No	None	Limited need-based sliding scale appointments available	Dependent upon individual financial situation	My doctorate was received in Clinical Psychology. I have additional certifications in Psychoanalysis, Mind-Body Based Techniques and Yoga. My approach is multi-faceted and allows me to offer very individualized treatment plans that include a mind-body approach.
Hill, Linda	LCSW-R	NY R049608	21 Fairmont Avenue Poughkeepsie, NY 12603	(845) 452-3676	You are welcome to message me at my profile link at goodtherapy and mention that you had located me through the Vassar website	www.goodtherapy.org/therapists/profile/linda-hill-20070826	Anxiety, Body Image, Depression, Identity, Losses, Relationships, Self-Esteem, Stress Management, Transitions	Individual Therapy, Couples Therapy, Family Therapy	Yes	Aetna, Beacon Health Options, Blue Cross/Blue Shield, CDPHP, Cigna, The Empire Plan, GHI, Humana, Magellan, MVP, Optum, Oxford, Pomco, United Behavioral Health, United Healthcare, Vassar Student Plan, Self-Pay/Out of Network	In cases of financial hardship	N/A	My office is two blocks from the Vassar campus and is wheelchair accessible. I have been working with the Vassar community for over 10 years. Please feel free to contact me with any questions you may have.
Letterio, Patricia	LCSW-R	NY R-024286-1	387 Hooker Ave Poughkeepsie, NY 12603	914-489-7887	Patricialetterio6@gmail.com	www.patricialetteriolcsw.com	Anxiety/depression/ eating disorders	Individual Therapy	Yes	Multi Plan MVP	Yes	70 is the lowest that I will go	
Mantica, Sarah J.	LCSW-R	NY R079206-1	39 Collegeview Avenue Poughkeepsie, NY 12603	845-240-4536	sjmantica@gmail.com		CBT and Talk therapy	Individual Therapy	Yes	BCBS, Cigna, GHI, VO, MVP	Yes	\$50.00 up	
Muenz, Cynthia	LCSW-R	NY PR025052-1	27 Collegeview Avenue Poughkeepsie, NY 12603	845-473-8050		http://hudsonvalleyguild.com or http://www.nysscsww.org/fin-d-a-therapist-#/	anxiety, depression, trauma, survivors of abuse, loss/bereavement, relationship issues, family issues, self esteem, women's issues / Treatments of Choice: Cognitive-behavioral, interpersonal, integrative, psychodynamic, mindfulness	Individual Therapy, Couples Therapy	Yes	Aetna, Blue Cross/Shield, CDPHP, CIGNA, Empire Plan, Fidelis, Medicare, MVP, POMCO, Tricare, United Health	Yes	\$70 - \$125	My approach as therapist is compassionate, interactive, reflective, supportive, calm/calming and with a positive and patient attitude about change, changing and coping.

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Pardell, Randy	MD, DFAPA	NY 166228, FL 120886	370 Violet Avenue, Poughkeepsie, NY 12601	845-471-1807	info@riverviewpsychiatric.com	www.riverviewpsychiatric.com	Psychopharmacology, Transcranial Magnetic Stimulation, Mood Disorders, Bipolar Disorder, Major Depression, ADHD, PTSD, Anxiety Disorders	Individual Therapy, Medication Management	No	I do not accept insurance plans. However, other psychiatric practitioners at Riverview Psychiatric Medicine, PC accept many insurance plans.	Fee based on time requirements of appointments	Fee based on time requirements of session	Riverview Psychiatric Medicine, PC, Dutchess County's premier mental health practice was founded by Dr. Randy Pardell in 2004. Our Mission is to address both the physiological and psychological aspects of each patient's mental health condition. Our expertise is in the treatment of Major Depression, Bipolar Disorder, Anxiety Disorders, Obsessive Compulsive Disorders, Adjustment Disorders, Attention Deficit Hyperactivity Disorder, Schizophrenia, and Cognitive Disorders such as Alzheimer's Type Dementia. We evaluate each patient with an extensive medical and psychiatric history assessment, blood analysis, genetic testing to personalize medication treatment selection. We offer Neurocognitive Testing and OEGG Brain Mapping to assist in diagnosis and treatment direction. We develop an individualized treatment which includes: medication management, nutritional/biochemical hormone supplementation, psychotherapy, career coaching and consulting, Neurofeedback, Neurofield Treatment, Biofeedback and Transcranial Magnetic Stimulation (TMS) the breakthrough technology for treatment resistant depression.
Paynter, Skip	LMSW	NY 086061	6369 Mill St., Suite 1, Rhinebeck NY 12571	845-800-7656	skpaynt@aol.com	www.zind.com	General Psychotherapy; Cognitive Behavioral Therapy; Holistic Therapy; Reiki/Energy Healing; Meditation; Kundalini Yoga	Individual Therapy, Group Therapy	No	N/A	Yes	Will discuss with client directly.	I also work with the LGBTQ community.
Rawitt, Ronald R.	MD	NY 121125-1	9 Vassar Street, Poughkeepsie, NY 12601	212-860-3600	ronald.rawitt@gmail.com		Psychiatry, Psychopharmacology, Psychoanalysis	Individual Therapy, Couples Therapy, Medication	Yes	United Healthcare; Oxford	Yes	\$150 - \$500	
Rust, Jonathan	PhD	NY 020831	27 Collegeview Ave. Poughkeepsie, NY 12603	914-450-8861	rustj@newpaltz.edu	https://therapists.psychologytoday.com/ms/prof_detail.php?profid=250353&search=jonathan+rust&ref=1&sid=1512348994.8003_b148&name=jonathan+rust&tr=ResultsProfileRtn	Anxiety depression, cultural diversity, cultural identity, LGBTQ, relationships, families, bereavement, adjustment, anger management	Individual Therapy, Group Therapy, Couples Therapy	Yes	Beacon Health Options, Empire Plan, MVP, Cigna, Emblem Health/GHI	Yes	Would be determined on an individual basis	
Rybak, Cathy	LCSW-R	NY R048818-1	24 Davis Avenue Poughkesie, NY 12604	917-514-1908		https://www.psychologytoday.com/us/therapists/cathy-rybak-poughkeepsie-ny/197469	Depression, Anxiety, any Substance abuse or addictive behavior and Trauma.	Individual Therapy	Yes	Emblem, BCBS, United Healthcare, Oxford, NYSHIP, Value Options, GHI Medicare, NO MEDICAID, Aetna or Cigna. Aetna and Cigna pay if client has out of network benefits	Yes	\$80 up	I see clients with substance abuse problems who want to stop....Depression, anxiety, and PTSD.
Sadowsky, Myrna	MSW	NY PR018547-1	39 Collegeview Ave. Poughkeepsie NY 12603	845-454-3898	myrnalene@gmail.com		Anxiety, Depression, Sexual Issues, Relationship Issues, Adjustment Difficulty	Individual Therapy, Couples Therapy	Yes	Most plans	Yes	\$80.00 - \$110.00	My approach is highly personalized. Together, we gain an understanding of the dynamics of your unique situation, and decide what approach will best serve you to overcome obstacles impeding quality of life. I believe in empowering people to help themselves by becoming good self managers, and look at the connection between the mind and the body.
Susser, Howard S.	PhD	NY 7445	387 Hooker Avenue, Poughkeepsie NY 12603	845-452-5498	phone preferred		Anxiety, Depression, Family Issues, Sexual Behavior (perpetrators, addictions, etc)	Individual Therapy	Yes	Value Options, NY plan, blue cross, blue shield, oxford, united healthcare, medicare	Yes	Varies depending on case, up to \$150 for ongoing sessions	
Volk, Suse	MA, MS, LMHC	NY 000557-1	24 Davis Ave., Poughkeepsie, NY 12603	845-417-7188		https://www.psychologytoday.com/us/therapists/suse-volk-new-paltz-ny/53497?sid=151343993_9.6387_2674&search=suse+volk&name=suse+volk&ref=1&tr=ResultsRow	Anxiety, Depression, Relationships	Individual Therapy, Couples Therapy	Yes	Some Aetna Plans; Out of Network	Yes	\$125 - \$150	I love working with students and I have over 20 years of experience.
Wilson, Kenneth	MD	NY 194765	370 Violet Ave, Poughkeepsie, NY 12601	845-471-1807		http://riverviewpsychiatric.com/wp-content/uploads/2014/05/Kenneth-W.-Wilson-Update-pdf-5-17-14.pdf	Depression/Anxiety/Mood Disorders	Individual Therapy, Medication Management , TMS	Yes	http://riverviewpsychiatric.com/wp-content/uploads/2015/04/healthcare-participation.pdf	No	N/A	